

## PERSONAL PROFILE

**1.01 Name:** Dr.S.S.Bal .

**1.02 Office Address:** Dept.Of Psychology  
D.B.J.College,  
S.K.Patil Nagar,Chiplun  
Dist:Ratnagiri.-415 605

**1.06 Designation:** Lecturer

### 1.07 Academic Qualification:

Degree	University	Subject
BA	Pune	Psychology
MA	Pune	Industrial Psychology
M.Phil	Open Uni.Nashik	Counselling Psychology
PhD	Uni.Of Mumbai	Industrial Psychology

### 1.08 Experience:

- 1) Teaching Experience- 28 Yrs
- 2) Administrative Experience – 4 Yrs (As a Vice Principal)
- 3) Co-ordinator – NAAC 2010
- 4) Co-ordinator – Best College
- 5) Director for CAP – 2 Yrs
- 6) Co-ordinator IQAC
- 7) Paper setter and Moderator, Uni. of Mumbai.

### Extension Activity (some examples of guest lecturers delivered)

#### EXPERIENCE /WORK

- 1) **Presented a paper** in National Seminar on “Mental health and well being of college teachers and students.” Organized by SMT Muthubai Garware

Kanya Mahavidyalay ,Sangali Dept of psychology in academic collaboration with Indian Association of Human Behaviour ,pune On 9<sup>th</sup> and 10<sup>th</sup> Feb 2018

2) **Chaired a session** in National Seminar on “Mental health and well being of college teachers and students.” Organized by SMT Muthubai Garware Kanya Mahavidyalay ,Sangali Dept of psychology in academic collaboration with Indian Association of Human Behaviour ,pune On 9<sup>th</sup> and 10<sup>th</sup> Feb. 2018 .

3) **Resource person** for one day workshop on Orientation to personality development for the NSS students on 14<sup>th</sup> march 2018.

4) Guest faculty at **Dervan medical Trust** for the course “**Bachelors in Psychological Health and Behavioral Science.**”

5) Delivered a lecture on personality development for MBA students.

6) Had an interactive session on **stress management**, “for commerce Alumni” of D.B.J.College Chiplun.

7) Worked as a research guide for MS course in Counseling and psychotherapy in Chittoor Uni.(Andhra Pradesh).

8) Lecture on positive Parenting at Bharati VidyaBhan, Pune.

9) Lecture on Career Planning delivered at Makhzan School on Oct 2013.

10) Lecture on Work Stress at Sawarde High School on Dec. 2013.

11) Lecture on Parental Psychology at United High school on Feb 14.

12) Lectures on Stress management at Axis Bank July2014.

### **1.09 Convenors of the department (in last 25 Yrs)**

1) Attendance Committee

2) Library Committee

3) Student Council

4) Cultural Committee

5) Parent Teacher Scheme

6) NSS (For Unit 1)

7) Annual Prize Distribution-

- 8) Gymkhana
- 9) Parshuram Magazine – “Editor”
- 10) Prospectus Committee
- 11) Teachers Evaluation
- 12) Avishkar Research
- 13) Gathering Chairman
- 14) Admission Committee
- 15) IQSC committee
- 16) Graduate Attributes
- 17) Post Graduate In charge
- 18) Students Counselling
- 19) Staff room committee

**1.09 Consultancy:**

- 1) Career Counselling
- 2) Marital Counselling
- 3) Behaviour Problem Solving
- 4) Stress management

**1.10 Workshop Attended:**

- 1) Presented Paper in National Conference held on 3<sup>rd</sup> and 4<sup>th</sup> October 2011 on “quality of life on BPL students.”
- 2) Presented paper in national conference on 6<sup>th</sup> and 7<sup>th</sup> December 2013 on “Marital Counselling”
- 3) Attended two days International refereed Symposium on “Creative Education” on Feb 2014.
- 4) Participated in three days workshop on “Application of SPSS software in Social Science Research” on March 2014.